

*breathe's*



## YOGA & MEDITATION RETREAT

### NEW LOCATION - YUCATAN PENINSULA

April 16-22, 2023

Moving to a new spot on the Yucatan Peninsula, this retreat is a “yo-cation”! With yoga and meditation twice a day, this yoga vacation will be filled with sun, sand, and some of the most beautiful sunsets you will ever see! Situated at the juncture of the Gulf of Mexico and the Caribbean Sea, the water is some of the most nutrient-rich in the entire region. There is no better way to start the day than with yoga & meditation with an ocean breeze, and a beach walk across the stretch of sandbars in these calm waters.

If you are looking for yoga, meditation, and fun in the sun, this is your retreat! It is paradise!!!

Questions? email [info@breatheyoga.com](mailto:info@breatheyoga.com). If you are ready to reserve your spot, email [jackie@breatheyoga.com](mailto:jackie@breatheyoga.com)



#### PRICING INCLUDES:

- The retreat starts Sunday, April 16th and ends after breakfast on Saturday, April 22, 2023.
- Daily breakfast is included. Other meals are on your own. The restaurant options are walkable, casual, fresh and delicious. (Great foodie options with the best homemade gelato a short walk away )
- All rooms are single or double occupancy with a private bathroom. Beach towels, use of the beach palapas, and private pool is included.

#### PRICING:

\$3,100.00 single occupancy

\$2,500.00 per person for double occupancy

#### PRICING EXCLUDES:

- Ground transportation from Cancun Airport to the resort is not included. It will cost approx \$100/one way and includes shuttle (approx 2 hours), ferry (approx 20 minutes) and golf cart transport (approx 10 minutes). It will be arranged for you and is seamless.
- Excursions like snorkeling, fishing, etc. are available and not included.
- Excludes airfare & amenities (massage, guided tours, etc.)

To reserve your spot, a \$350 nonrefundable deposit will be charged to your card. Full payment is due on or before February 10, 2023. We reserve the right to cancel the program at anytime.